

**CLAIMS**

**WHAT IS CLAIMED IS:**

1. A nut and plate washer assembly comprising:  
a nut body, said nut body including a shank and a head, said shank having an internally threaded bore, and said head being wider than said shank; and  
a washer body having opposed surfaces and an opening therethrough between said surfaces, said opening having sufficient size to receive said nut body shank therein, one of said surfaces having a recess around said opening for receiving said head therein, said opening being of a size to create an interference fit with said shank received therein.
2. The nut and plate washer assembly of claim 1, said shank having a knurled outer surface.
3. The nut and plate washer assembly of claim 2, said opening in said washer body being sufficiently narrow to frictionally engage said knurled surface for retaining said washer body on said shank.
4. The nut and plate washer assembly of claim 3, said nut body being of a first material and said washer body being of a second material different from said first material.
5. The nut and plate washer assembly of claim 1, said head having a circular periphery.

6. The nut and plate washer assembly of claim 5, said recess having sufficient depth to receive said head therein at or below said one of said washer body surfaces.

7. The nut and plate washer assembly of claim 1, said washer body having a circular periphery.

8. The nut and plate washer assembly of claim 1, said nut body being of a first material and said washer body being of a second material different from said first material.

9. A method of making a nut and plate washer assembly, comprising:  
forming a nut body having a shank and a head, with a central bore therethrough being threaded;  
forming a washer body having an opening therethrough between first and second opposed surfaces;  
providing a recess in one of said washer surfaces; and  
press fitting said washer body on said nut body shank, with said nut body head disposed in said recess.

10. The method of claim 9, said step of forming said washer body performed by stamping.

11. The method of claim 9, including knurling an outer surface of said shank and, during said step of press fitting, engaging said knurls with a wall defining said opening in said washer body.

12. The method of claim 11, said step of forming said washer body performed by stamping.

13. The method of claim 9, said step of forming said nut body performed by machining.

14. The method of claim 9, including forming the nut body with a first material, and forming the washer body of a second material different from the first material.

15. A nut and plate washer assembly comprising:  
a nut body;  
a plate washer body having a recess;  
an opening through said washer body adapted for frictionally engaging said nut body; and  
a head on said nut body of a size to be received in said recess and sufficiently large to resist being pulled through said opening in said washer body, said head being embedded in said recess of said washer body.

16. The nut and plate washer assembly of claim 15, said nut body including a shank having a knurled outer surface.

17. The method of claim 16, said nut body formed of a first material and said washer body being of a second material different from said first material.

18. The method of claim 15, said nut body formed of a first material and said washer body being of a second material different from said first material.

19. The method of claim 15, said head having a round periphery.

20. The method of claim 19, said recess being round.